

QUALITY QUARTERLY
 APRIL 2017
 WESTFIELD FAMILY
 PHYSICIANS

Quality Committee:

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Quality Data

Diabetes:

HgbA1c less than 7 and 8

Blood Pressure:

Hypertensive patients at
 goal of less than 140/90

ER Utilization

Childhood obesity
 prevention

Zostavax data

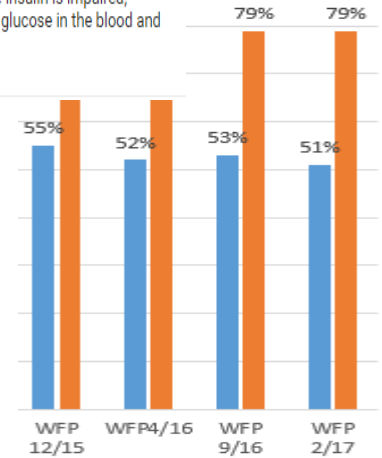
di·a·be·tes

/, dīə' bēdēz, dīə' bēdis/

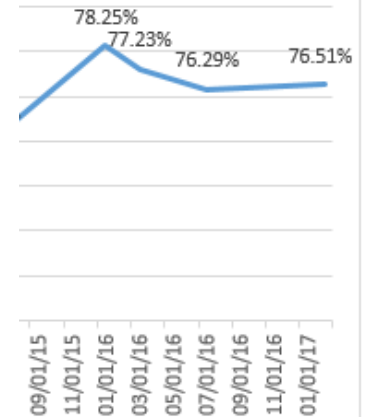
noun

a disease in which the body's ability to produce or respond to the hormone insulin is impaired, resulting in abnormal metabolism of carbohydrates and elevated levels of glucose in the blood and urine.

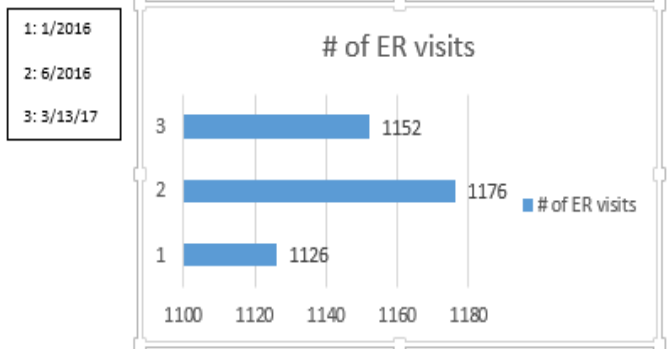
We have measured A1C data over several years. We continue to work to improve our diabetic control. As a practice overall, 79% of our diabetics have an A1c of less than 8, 51% less than 7%. In general, most patients with diabetes should aim for an A1c less than 7%.



Blood pressure control in patients with a diagnosis of hypertension is another frequently measured quality point. Note this has its ups and downs. Currently 76.51 % of patients are considered controlled.



ER utilization is an important driver of rising health care costs. We have worked over the past few years to decrease our utilization. We have decreased our utilization as measured simply by visits.



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5 2 1 0 Initiative

5 fruits and vegetables per day

Less than 2 hours of screen time per day

1 hour of physical activity per day

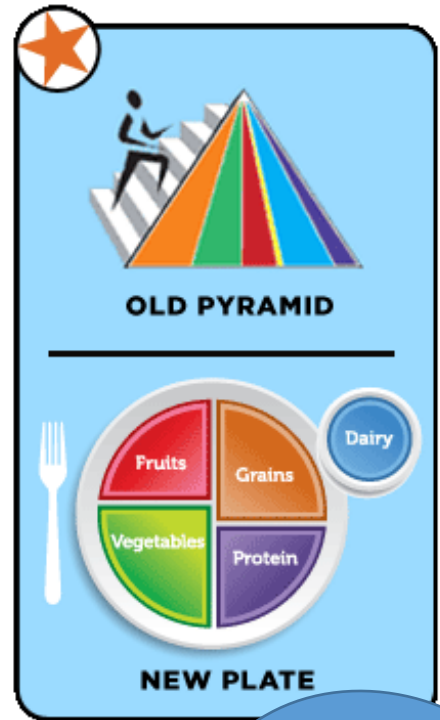
0 sugary drinks



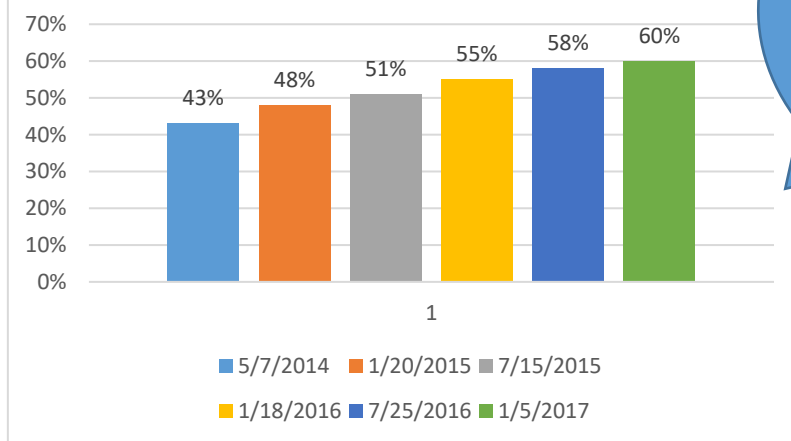
Childhood obesity is a nationwide problem. Did you know over 15% of the children in our practice are overweight or obese? We have implemented new pediatric templates, care plans and educational materials to address this issue. Efforts are being made to teach parents and children the importance of healthy habits for a lifetime of good health.



Check out www.myplate.gov to find some great information about ways to improve nutrition for yourself and your family.



Zostavax data over time. Percent of eligible patients who have received Zotavax vaccine.



A Shingles (Zostavax) vaccine is recommended for all patients aged 60 and over

Can we reach a goal of 65% vaccinated?